

# THE DINER @ JOHN MASON

<b>WEEK 1</b> 03/06/2024 24/06/2024 15/07/2024	<b>MEAT FREE MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN COURSE</b>	<b>Cheese and Tomato Pasta Bake</b>	<b>Chicken Burger in a Bun served with Potato Wedges</b>	<b>Roast Chicken with Yorkshire Pudding</b>	<b>Mild Chilli Nacho with Grated Cheese and Roasted Vegetables</b>	<b>Battered Fish</b>
<b>VEGETARIAN DISH</b>	<b>Mediterranean Pasta Bake</b>	<b>Vegetable Burger in a Bap with Potato Wedges</b>	<b>Roasted Quorn Fillet</b>	<b>Vegetable Chilli Nacho with Grated Cheese and Roasted Vegetables</b>	<b>Jacket Potato served with Cheese &amp; Beans</b>
<b>POTATO &amp; VEGETABLES</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>
<b>DESSERT OR FRESH FRUIT</b>	<b>Strawberry &amp; Vanilla Mousse Or Fresh Fruit</b>	<b>Mixed Fruit Shortbread Or Fresh Fruit</b>	<b>Chocolate Krispy Cake Or Fresh Fruit</b>	<b>Iced Lemon Shortbread Or Fresh Fruit</b>	<b>Choc Ice Or Fresh Fruit</b>

# THE DINER @ JOHN MASON

<b>WEEK 2</b> 10/06/2024 01/07/2024 22/07/2024	<b>MEAT FREE MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN COURSE</b>	<b>Cheese and Tomato Pizza</b>	<b>Chicken Ranch Mac n Cheese</b>	<b>Roast Chicken with Yorkshire Pudding</b>	<b>Italian Style Bolognese Bake</b>	<b>Chicken Nuggets</b>
<b>VEGETARIAN DISH</b>	<b>Mediterranean Vegetable Pizza</b>	<b>Vegan Sausage Roll with Potato Wedges</b>	<b>Roasted Quorn Fillet</b>	<b>Italian Style Vegetable Bolognese Bake</b>	<b>Jacket Potato served with Cheese &amp; Beans</b>
<b>POTATO &amp; VEGETABLES</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>
<b>DESSERT OR FRESH FRUIT</b>	<b>Fruit Flavoured Jelly or Fresh Fruit</b>	<b>Fruity Flapjack Or Fresh Fruit</b>	<b>Chocolate Brownie Or Fresh Fruit</b>	<b>Chewy Oat Cookie Or Fresh Fruit</b>	<b>Choc Ice Or Fresh Fruit</b>

# THE DINER @ JOHN MASON

WEEK 3 17/06/2024 08/07/2024	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	<b>Creamy Cauliflower Cheese with Garlic Bread</b>	<b>All Day Breakfast</b> ( Bacon,Sausage,Scrambled Egg,Hash Brown,Baked Beans)	<b>Roast Chicken with Yorkshire Pudding</b>	<b>Chicken Korma with Rice and Poppadum</b>	<b>Battered Fish</b>
<b>VEGETARIAN DISH</b>	<b>Margarita Stone baked Pizza</b>	<b>Vegetarian All Day Breakfast</b> ( Bacon,Sausage,Scrambled Egg,Hash Brown,Baked Beans)	<b>Roasted Quorn Fillet</b>	<b>Vegetable &amp; Chickpea Curry</b>	<b>Jacket Potato served with Cheese &amp; Beans</b>
<b>POTATO &amp; VEGETABLES</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>
<b>DESSERT OR FRESH FRUIT</b>	<b>Original Butter Flapjack Or Fresh Fruit</b>	<b>Mixed Fruit Cookie Or Fresh Fruit</b>	<b>Chocolate Chip Shortbread Or Fresh Fruit</b>	<b>White Chocolate Sponge Or Fresh Fruit</b>	<b>Choc Ice Or Fresh Fruit</b>