

<b>WEEK 1</b> 17/04 08/05 05/06 26/06 17/06	<b>MEAT FREE MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN COURSE</b>	<b>Cheese and Tomato Pasta Bake</b>	<b>Cajun Chicken Wraps with Peppers and Onion</b>	<b>Roast Chicken with Yorkshire Pudding</b>	<b>Very mild Chilli con Carne with Rice and Tortilla Chips</b>	<b>Battered Fish or Chicken Nuggets</b>
<b>VEGETARIAN DISH</b>	<b>Mediterranean Pasta Bake</b>	<b>Cajun Quorn Wraps</b>	<b>Roasted Quorn Fillet</b>	<b>Vegetable Chilli con Carne with Rice and Tortilla Chips</b>	<b>Jacket Potato served with Cheese &amp; Beans</b>
<b>POTATO &amp; VEGETABLES</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>
<b>DESSERT OR FRESH FRUIT</b>	<b>Strawberry Mousse Or Fresh Fruit</b>	<b>Mixed Fruit Shortbread Or Fresh Fruit</b>	<b>Chocolate Krispy Cake Or Fresh Fruit</b>	<b>Original Flapjack Or Fresh Fruit</b>	<b>Ice Cream Or Fresh Fruit</b>
<b>Hot options are available in Dairy and Gluten free. Jacket potato available daily.</b>					

<b>WEEK 2</b> 24/04 15/05 12/06 03/07	<b>MEAT FREE MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN COURSE</b>	<b>Cheese and Tomato Pizza</b>	<b>Chicken Burger in a Bun served with Potato Wedges</b>	<b>Roasted Gammon Ham with Yorkshire Pudding</b>	<b>Crispy Chicken Chunks served with a Sweet n Sour Sauce</b>	<b>Fish Fingers Or Chicken Nuggets</b>
<b>VEGETARIAN DISH</b>	<b>Mediterranean Vegetable Pizza</b>	<b>Vegetable Burger in a Bap with Potato Wedges</b>	<b>Roasted Quorn Fillet</b>	<b>Vegetable Sweet n Sour</b>	<b>Jacket Potato served with Cheese &amp; Beans</b>
<b>POTATO &amp; VEGETABLES</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>
<b>DESSERT OR FRESH FRUIT</b>	<b>Chocolate Mousse or Fresh Fruit</b>	<b>Lemon Drizzle Sponge Or Fresh Fruit</b>	<b>Chocolate and Vanilla Shortbread Or* Fresh Fruit</b>	<b>Chewy Oat Cookie Or Fresh Fruit</b>	<b>Ice Cream* Or Fresh Fruit</b>

**Hot options are available in Dairy and Gluten free. Jacket potato available daily.**

<b>WEEK 3</b> 01/05 22/05 19/06 10/07	<b>MEAT FREE MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN COURSE</b>	<b>Tomato, Pepper and Basil Pasta Bake</b>	<b>Minced Beef Lasagne with Garlic Bread</b>	<b>Roast Chicken with Yorkshire Pudding</b>	<b>Mild Chicken Curry with Rice and Poppadum</b>	<b>Battered Fish* or Chicken Nuggets</b>
<b>VEGETARIAN DISH</b>	<b>Margarita Stone baked Pizza</b>	<b>Vegetable Lasagne with Garlic Bread</b>	<b>Roasted Quorn Fillet</b>	<b>Vegetable Chickpea Curry</b>	<b>Jacket Potato served with Cheese &amp; Beans</b>
<b>POTATO &amp; VEGETABLES</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>	<b>A Selection of Seasonal Vegetables and Potato</b>
<b>DESSERT OR FRESH FRUIT</b>	<b>Orange Flavoured Jelly Or Fresh Fruit</b>	<b>Golden Cornflake Cookie Or Fresh Fruit</b>	<b>Chocolate Shortbread Or Fresh Fruit</b>	<b>White Chocolate and Vanilla Sponge Or Fresh Fruit</b>	<b>Ice Cream* Or Fresh Fruit</b>

**Hot options are available in Dairy and Gluten free. Jacket potato available daily.**