

THE DINER @ KINGFISHER

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Country Chicken Pasta Bake	Sausage & Mash served with a Onion Gravy	Roast Loin of Pork served with Apple Sauce	Sticky Chicken with Egg Noodles	Battered Chicken Nuggets Or Battered Fish
VEGETARIAN DISH	Cheese and Tomato Pasta	Vegetarian Sausage and Mash	Quorn Roast	Vegetable Noodles	Vegetarian Sausage
POTATO & VEGETABLES	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT	Mixed Fruit Cookie Or Fresh Fruit	Sticky Choc Drop Cake Or Fresh Fruit	Iced Shortbread Or Fresh Fruit	Coconut Cake Or Fresh Fruit	Ice Cream Or Fresh Fruit
	Jacket Potato option available. Gluten Free options available for all main courses	Jacket Potato option available. Gluten Free options available for all main courses	Jacket Potato option available. Gluten Free options available for all main courses	Jacket Potato option available. Gluten Free options available for all main courses	Jacket Potato option available. Gluten Free options available for all main courses

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cottage Pie with a Crispy Cheese Topping	Chicken Garlic and Herb Pasta Bake	Roast Topside of Beef with a Yorkshire Pudding	Chicken Tikka Masala served with Rice & Poppadum	Battered Fish
VEGETARIAN DISH	Vegetarian Cottage Pie	Cheese and Tomato Pasta Bake	Quorn Roast	Vegetable Tikka Masala with Rice	Vegetarian Sausage and Chips
POTATO & VEGETABLES	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT Or YOGHURT	Smooth Chocolate Mousse or Fresh Fruit	Vanilla Shortbread Or Fresh Fruit	Apple & Sultana Pie with Custard Or Fresh Fruit	Lemon & Ginger Cookie Or Fresh Fruit	Ice Cream Or Fresh Fruit
	Jacket Potato option available.	Jacket Potato option available.	Jacket Potato option available.	Jacket Potato option available.	Jacket Potato option available.
	Gluten Free options available for all main courses	Gluten Free options available for all main courses	Gluten Free options available for all main courses	Gluten Free options available for all main courses	Gluten Free options available for all main courses

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Creamy Chicken and Vegetable Pie	Beef Burger in a Brioche Bun	Roast Chicken served with Sage and Onion Stuffing	Stone Baked Pepperoni Pizza	Battered Chicken Nuggets
VEGETARIAN DISH	Shortcrust Vegetable Pie	Vegetarian Burger in a Brioche Bun	Quorn Roast	Stone Baked Margarita Pizza	Rice Protein and Chia Nuggets
POTATO & VEGETABLES	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT	White Chocolate Shortbread Or Fresh Fruit	Oat Cookie Or Fresh Fruit	Fruit Crumble with Custard Or Fresh Fruit	Lemon Drizzle cake Or Fresh Fruit	Ice Cream Or Fresh Fruit
	Jacket Potato option available.	Jacket Potato option available.	Jacket Potato option available.	Jacket Potato option available.	Jacket Potato option available.
	Gluten Free options available for all main courses	Gluten Free options available for all main courses	Gluten Free options available for all main courses	Gluten Free options available for all main courses	Gluten Free options available for all main courses