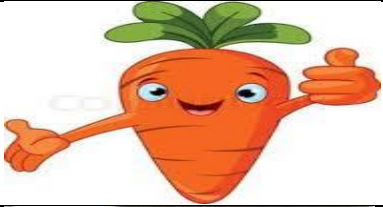

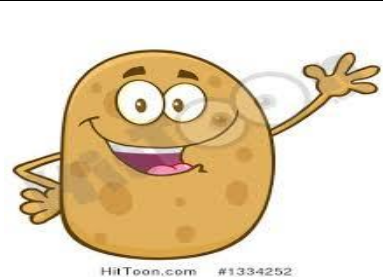


## WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Italian Style Meatballs in a Tomato & Vegetable Sauce served on a bed of Wholegrain Rice	Chicken and Vegetable Pasta Bake	Shepherd's Pie Loaded with Vegetables	Chicken and Vegetable Pizza served with Skin on Potato Wedges with a sachet of sauce	Harry Ramsdens Battered Fish Fillet with Chips and Petit Pois
	Jacket Potato topped with either Grated Cheese Or Tuna Mayo	Jacket Potato topped with either Grated Cheese Or Tuna Mayo	Jacket Potato topped with either Grated Cheese Or Tuna Mayo	Jacket Potato topped with either Grated Cheese Or Tuna Mayo	Jacket Potato topped with either Grated Cheese Or Tuna Mayo
	Lemon & Cherry Shortbread Or Fresh Fruit Or Low Fat Yoghurt	Carrot Cake Or Fresh Fruit Or Low Fat Yoghurt	Chocolate & Vanilla Sponge Or Fresh Fruit Or Low Fat Yoghurt	Mixed Fruit Cookie Or Fresh Fruit Or Low Fat Yoghurt	Vanilla Ice Cream Or Fresh Fruit Or Low Fat Yoghurt
	Alternatively choose from our healthy packed lunch option	Alternatively choose from our healthy packed lunch option	Alternatively choose from our healthy packed lunch option	Alternatively choose from our healthy packed lunch option	Alternatively choose from our healthy packed lunch option

Due to Covid 19, we have had to reduce our menu choice but have kept it in line with the Government guidelines on healthy eating and have adjusted our recipes to do so. We hope to resume to our normal service soon. In the meantime, stay safe.